



BIG E BREAKOUT SESSIONS FRIDAY, AUGUST 19TH

1st Session: 9:30AM – 9:58AM
2nd Session: 10:05AM – 10:35AM

Combs Building Breakout Sessions

The EKU Commuter Experience (C1)

Presented by the EKU Dean of Students *Combs 105*

Not every first-year student is able to live on EKU's campus during the first year; however, that doesn't mean your EKU experience has to be any less satisfying, engaging, or rewarding than your on-campus peers! Join the Dean of Students at EKU to learn how to get the most of your first-year at EKU while hitting the road as an EKU commuter student.

Money Smarts (C2)

Presented by Customers Bank *Combs 108*

Customers Bank will present an overview of basic money management for today's college student. This session will include practical budgeting tips, your money personality, debt avoidance, understanding student loans, and the importance of savings. Begin your college career with money in the bank!

Phishing, Malware & Scams: Oh My! Staying safe and protecting your identity online! (C3)

Presented by the IT Geeks at EKU *Combs 438*

Being safe online helps your identity & finances as a first-year student at EKU. Join the EKU Geeks to discover how to stay safe online and protect yourself from thieves, hackers, and scammers.

The Community as Your Textbook – Learning to Engage through Community Service (C4)

Presented by Student Life & First-Year Experience

Combs 318

Engaging in the Richmond/Madison County community is a great opportunity for students to gain knowledge and skills that will help them succeed throughout college. By attending this workshop you can learn how to get involved with community service and develop strategies of how to get the most out of your service.

You have Questions? The ECU Gurus Have Answers! (C5)

Presented by the ECU Gurus

Combs 322

Learn about the Guru program, the assistance they provide, the questions they answer (everything from financial aid and housing to how to join Student Government, or do a math problem), the tutoring and mentoring services they offer, and how to get free popcorn on campus. Don't rely on rumors for answers--meet some Gurus and have instant connections with people who have been there and can provide you with accurate solutions.

Residence Life 101 (C6)

Presented by ECU Housing

Combs 409

Are you living in one of ECU's residence halls and curious what residence hall life is really like? This session will discuss how to make the most of the residence hall experience as a first-year student at ECU. We will discuss how to get involved, expectations, and common questions while living on campus. ECU Housing fosters the development, engagement, and success of our residential community by providing an inclusive home that enhances the collegiate experience.

Roommate 101A: Communication and Relaxation (C7)

Presented by ECU Housing

Combs 413

Living with someone you just met can be tough! You may like going to bed at 9pm while your roommate stays up into the wee hours of the morning. How do you communicate your frustrations or differences in living arrangements without coming off as disrespectful? Join us to find out how! Students will walk away with tips and tricks on how to communicate boundaries and frustrations when living gets tough.

Roommate 101B: Communication and Relaxation (C8)

Presented by ECU Housing

Combs 436

Living with someone you just met can be tough! You may like going to bed at 9pm while your roommate stays up into the wee hours of the morning. How do you communicate your frustrations or differences in living arrangements without coming off as disrespectful? Join us to find out how! Students will walk away with tips and tricks on how to communicate boundaries and frustrations when living gets tough.

Need-to-Know #1 (C9)

Presented by ECU Faculty

Combs - Ferrell Auditorium (1st Floor)

As a first-year student, there are probably some things you want to know about college. There are other things that you absolutely *need* to know. In this session students will meet with professors who will provide behind-the-scenes tips on how to be successful in all sorts of college classes. These teachers won't sugarcoat things - they'll tell you the truth about what matters and what you need to do to be successful. And they'll give you a chance to ask them anything, so bring your questions too!

Counseling Center Services and Stress Management (C10)

Presented by the ECU Counseling Center

Combs - Grise Auditorium (1st Floor)

Learn about the ECU Counseling Center and the amazing *free* services it provides for students. This session will also discuss stress management and give helpful tips on how to manage life when it starts to feel overwhelming and stressful. Students will walk away with tips and strategies on how to be successful as a first-year student at ECU.

EKU Library Breakout Sessions

#MeetThePrez (L1)

Presented by the Office of the President

Library – Grand Reading Room

With over 10,000 followers on Twitter, @EKUPrez is no stranger to answering questions from students at ECU. In this session, join ECU President, Dr. Michael T. Benson, as he sits down one-on-one with new first-year students and answers some of your most pressing questions. Are you ready to #MeetThePrez?! #bringyourquestions

Need-to-Know #2 (L2)

Presented by ECU Faculty

Library 108

As a first-year student, there are probably some things you want to know about college. There are other things that you absolutely *need* to know. In this session students will meet with professors who will provide behind-the-scenes tips on how to be successful in all sorts of college classes. These teachers won't sugarcoat things - they'll tell you the truth about what matters and what you need to do to be successful. And they'll give you a chance to ask them anything, so bring your questions too!

I'm Here, What Now? Successfully Navigating Your Educational Experience & Career Goals (L3)

Presented by Center for Career and Co-Op

Library 128

Are you unsure, somewhat sure, or sure about your major or career interests? The Center for Career & Co-op can assist you in exploring career options, test drive your major or career decisions through job shadowing, part-time jobs, co-op or internships. Utilizing the Center will enhance your success throughout your educational experience at ECU and in the job market.

'Sup, Dude" or "To Whom it May Concern": Hitting the Right Note for Your Audience (L4)

Presented by Noel Studio for Academic Creativity

Library – Noel Studio 2nd Floor

Have you downloaded the Urban Dictionary app? Ever tried to explain Beyonce's latest and greatest to your grandparents? Does reading Shakespeare make your brain hurt? Come learn how the words you choose when writing or speaking to different audiences impact whether people "pick up what you're putting down" (hint: do they get it?). This session will help students understand how audience impacts their language and style choices when writing or speaking in various academic situations.

Study Abroad at ECU (L5)

Presented by ECU Education Abroad

Library - 1st Floor Study Area

Explore the world while you earn college credit! Learn how easily you can fit Study Abroad into your degree plan at ECU. ECU Education Abroad has exciting, fun locations and affordable programs. Study abroad has been proven to increase students' level of independence and responsibility, and students who study abroad are more likely to graduate. Pack your passport and come learn about the possibilities!

Financial Survival for the College Freshman (L6)

Presented by ECU Financial Aid Office

Library 208

This session will help students understand how to best handle the money they may have (or don't have) throughout their first year of college. Students will also get a closer look at the financial aid process at ECU and what it means to students as they progress through their college years.

The Empowered College Student (L7)

Presented by the Student Success Center (SSC)

Library – 1st Floor (SSC)

The way you approach college academically and socially can impact your success. This session will encourage you to reflect on your mindset as you begin college. By the end of the session, you will feel more empowered as you approach your college journey.

Library Research 101: From Zero to Superhero (L8)

Presented by EKU Libraries

Library 204D

What if I told you that library resources were the secret to acing your papers? Come supercharge your research skills in this fast-paced intro to library research. In this session students will learn some very basic library search tips and tricks and will learn how to get help from a librarian with their research assignments.

Moore Building Breakout Sessions

Transfer Transitions (M1)

Presented by Student Outreach and Transition Office (SOTO)

Moore 123

**NOTE: This sessions lasts from 9:30AM – 10:35AM*

Although transfer students have experience with being a college student, they may still need help adjusting to a new university. It takes time to find your way around campus, make new friends, and learn how EKU conducts business. Join SOTO to learn how your credits transferred to EKU, how to access resources on campus, and about the Tau Sigma Honor Society that is exclusively for transfer students.

**All EKU transfer students are expected to attend this session*

Big E Welcomes Military Students! (M2)

Presented by the EKU Office for Military and Veterans Affairs

Moore 127

**NOTE: This sessions lasts from 9:30AM – 10:35AM*

The Office of Military & Veteran Affairs welcomes our military and dependent students to EKU for the fall semester! Join us for a fun informational session where you can discover more about opportunities for military students, ask important questions about your VA benefits, and learn more about our EKU Vets Club and how you can get involved with exciting upcoming events!

**All EKU students receiving VA benefits are expected to attend this session*